



# Cromarty Youth Café Spectacular Summer Programme 2021

Day	Date	Activity	Age Range	Activity Time	Venue
Week 1					
Monday	28 <sup>th</sup> June	<u>Bubble-Ball Football &amp; Nerf Wars</u> Fun in the park with EQ Sports	5+	10am – 12noon	Victoria Park
		<u>Cookwell / Bakewell</u> Come along and learn how to make quick easy meals	8+	10am – 12noon	Victoria Park
		<u>Rowing</u> Coastal Rowing with Cromarty Community Rowing Club	12+	12.30pm - 3.30pm	Cromarty Harbour
Tuesday	29 <sup>th</sup> June	<u>Cookwell</u> Come along and learn how to make quick easy meals	8+	10am – 12noon	Victoria Park
Tuesday	29 <sup>th</sup> June	<u>Cycling with Out Age Cromarty Trikes</u> Take a trip out on the trikes and enjoy the views	12+	12noon – 2pm	Victoria Park
Wednesday	30 <sup>th</sup> June	<u>Senior Mental Mountain Biking</u> Mountain Biking with Learnie Red Rock	12+	10am – 1pm	Learnie Red Rock
		<u>Junior Mental Mountain Biking</u> Mountain Biking at Learnie Red Rock	8+	1.30pm – 4pm	
		<u>Football Coaching</u> With Inverness Caley Thistle (ICT)	5+	1pm – 2pm	Victoria Park
Thursday	1 <sup>st</sup> July	<u>Cookwell / Bakewell</u> Come along and learn new skills	8+	9am – 11am	Victoria Park
		<u>Intergenerational Event</u> Come along for a cuppa and craic with the Golden Oldies	8+	11am – 1pm	Victoria Park
		<u>Junior Warden Scheme</u> P7's Junior warden scheme Intergenerational Event	P7's	11am – 1pm	Victoria Park
		<u>Meeting The Youth Work Team</u> Quiz & Scavenger Hunt	11+	5pm – 6pm	Youthwork Virtual Classroom
		<u>Walk and Talk with Youth Work Team</u> Walk around Cromarty	12+	6pm -7pm	Cromarty, meeting outside The Royal Hotel
Friday	2 <sup>nd</sup> July	<u>Rowing</u> Coastal Rowing with Cromarty Community Rowing Club	12+	10am – 12noon	Cromarty Beach
Saturday	3 <sup>rd</sup> July	<u>Tennis Coaching.</u> Coach from Inverness Tennis Club coming along to teach skills & techniques	5+	TBC	Cromarty Tennis Courts



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Week 2					
Monday	5 <sup>th</sup> July	<u>Fusion</u> Football Skills & Drills, Omnikin balls fun, Multi-Sports, Cookwell & Bakewell & Rowing Machine time trial	5+	10am – 12noon	Victoria Park
		<u>Paddle Boarding</u> With HLH Outdoor Education team, come along for a day of fun on the water	12+	10am – 4pm	Cromarty Beach
Wednesday	7 <sup>th</sup> July	<u>Trip to Cromarty Cinema</u> Trip to the cinema to watch the new Cruella Film Aged 12A	8+	10am – 12.15pm	Cromarty Cinema
		<u>Taster Cricket Session</u> Cricket taster session led by Northern Cricket. Coach	7+	1pm – 2pm	Victoria Park
Thursday	8 <sup>th</sup> July	<u>Cookwell / Bakewell</u> Can't Cook, wont cook? .... Oh Yes you will....	8+	10am – 12noon	Victoria Park
		<u>Intergenerational Event with Makaton</u> Come along for a cuppa and craic with our Golden Oldies	8+	11am – 1pm	Victoria Park
		 <u>Junior Warden Scheme</u> Continuing with Jnr Warden Scheme award	P7's	11am – 1pm	Victoria Park
Friday	9 <sup>th</sup> July	<u>Lego Workshop</u> Come along and use your imagination to create a Lego masterpiece	5+	10am – 12noon	Cromarty Beach in front of the Royal Hotel
		<u>Rowing</u> Coastal rowing with Cromarty Community Rowing Club	12+	10am – 12noon	Cromarty Beach
Saturday	10 <sup>th</sup> July	<u>Tennis Coaching.</u> Coach from Inverness Tennis Club coming along to teach skills & techniques	5+	TBC	Cromarty Tennis Courts



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<u>Week 3</u>					
Monday	12th July	<u>Fusion</u> Football Skills & Drills, Omnikin balls fun, Multi-Sports, Cookwell & Bakewell & Rowing Machine time trial	5+	10am – 12noon	Victoria Park
		<u>Cookwell / Bakewell</u> Can't Cook, come along and learn how to cook	8+	10am – 12noon	Victoria Park
		<u>Rowing</u> Coastal rowing with Cromarty Community Rowing Club	12+	12.30pm - 3.30pm	Cromarty Harbour
Tuesday	13th July	<u>Happy Healthy Highland Event</u> Healthy eating workshop	5+	11am – 1pm	Victoria Park
		<u>Visit to Cromarty Library</u> The animals are here! What animal will you take home with you? Fun animal crafts to keep everyone busy.	5+	2pm – 2.45pm	Cromarty Library
Thursday	15th July	<u>Archery at Wildwoodz</u> Which one are you ...? Robin Hood or his merry men.	10+	10am – 12noon	Wildwoodz Munloch
		<u>Junior Warden Scheme</u> Visit from Cromarty First Responders to learn basic First Aid	P7s	2pm – 3pm	Victoria Park
Friday	16th July	<u>Rowing</u> Coastal rowing with Cromarty Community Rowing Club	12+	12.30pm - 3.30pm	Cromarty Harbour
Saturday	17th July	<u>Tennis Coaching.</u> Coach from Inverness Tennis Club coming along to teach skills & techniques	5+	TBC	Cromarty Tennis Courts



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<u>Week 4</u>					
Monday 	19th July	<u>Fusion</u> Football Skills & Drills, Omnikin balls fun, Multi-Sports, Cookwell & Bakewell & Rowing Machine time trial	5+	10am – 12noon	Victoria Park
		<u>Cookwell / Bakewell</u> Come along and learn how to make quick easy meals	8+	10am – 12noon	Victoria Park
		<u>Rowing</u> Coastal rowing with Cromarty Community Rowing Club	12+	12.30pm - 3.30pm	Cromarty Harbour
Tuesday	20th July	<u>Intergenerational Bingo &amp; Lunch</u> Come along and see if you can win a prize and get the craic	12+	11am – 1pm	Victoria Park
		<u>Visit to Cromarty Library</u> The animals are here! What animal will you take home with you? Fun animal crafts to keep everyone busy.	5+	2pm – 2.45pm	Cromarty Library
Wednesday	21st July	<u>Paintball at Wildwoodz</u> Come along for a game, what team will be the last standing?	12+	10am – 3pm	Wildwoodz Munloch
Thursday	22nd July	<u>Summer Party,</u> Sausage Sizzle, Bouncy Castle & Wet and wild Water Slide	5+	11am – 1pm	Victoria Park
		<u>Junior Warden Scheme</u> Visit from Cromarty Fire Brigade to learn about the Fire Service	P7s	11am – 1pm	Victoria Park
Friday	23rd July	<u>Rowing</u> Coastal rowing with Cromarty Community Rowing Club	12+	12.30pm - 3.30pm	Cromarty Harbour
Saturday	24 <sup>th</sup> July	<u>Tennis Coaching,</u> Coach from Inverness Tennis Club coming along to teach skills & techniques	5+	TBC	Cromarty Tennis Courts



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Week 5					
Monday	26th July	<u>Tennis Coaching.</u> Coach from Inverness Tennis Club coming along to teach skills & techniques	5+	TBC	Cromarty Tennis Courts
		<u>Cookwell / Bakewell</u> Come along and learn how to make quick easy meals	8+	10am – 12noon	Victoria Park
		<u>Rowing</u> Coastal rowing with Cromarty Community Rowing Club	12+	12.30pm - 3.30pm	Cromarty Harbour
Tuesday	27th July	<u>Tennis Coaching.</u> Coach from Inverness Tennis Club coming along to teach skills & techniques	5+	TBC	Cromarty Tennis Courts
		<u>Mental Mountain Biking</u> Mountain Biking at Craig Dunain	15+	10am – 4pm	Craig Dunain Woods
Wednesday	28th July	<u>Tennis Coaching.</u> Coach from Inverness Tennis Club coming along to teach skills & techniques	5+	TBC	Cromarty Tennis Courts
		<u>Rugby</u> Rugby taster session with Ross & Sutherland Rugby Club	5+	1pm – 2pm	Victoria Park
Thursday	29th July	<u>Tennis Coaching.</u> Coach from Inverness Tennis Club coming along to teach skills & techniques	5+	TBC	Cromarty Tennis Courts
Friday	30th July	<u>Tennis Tournament</u> Come along and show your skills and see if you can win the trophy	5+	TBC	Cromarty Tennis Courts
Friday	30th July	<u>Rowing</u> Coastal rowing with Cromarty Community Rowing Club	12+	12.30pm - 3.30pm	Cromarty Harbour

How to book: please contact Fraser Thomson – 07908465593

For Tennis, please contact Vicky Benjamin - 07810046323

Consent forms will be required for all activities and will be used for track and trace purposes.

Funding from - Cromarty Cares Project, The Middleton Trust, MFR Cash for Kids & Highland Council

Ward 9 Discretionary Budget

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